



BREAKAWAY

SINCE 1976



Editor Bobby Skedsmo No.48

March 2004

President's Message



Greetings everyone!

Deaflympic Games in Melbourne, Australia 2005 is just around the corner. We hope to bring good number of cyclists on the US Team at Melbourne and for the next couple of months, we will be busy preparing them with training, fundraising and packing.

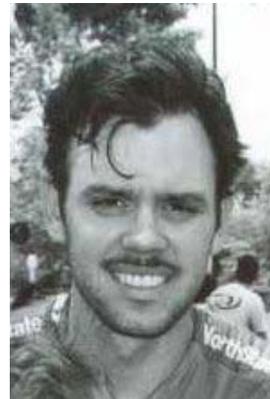
This year, we focused on enhancing our bylaws to ensure we are following USADSF's guidelines and preparing our cyclists to meet cyclist criteria before heading off toward the games in January 2005.

After Deaflympics in 2005, we will have another big event in San Francisco during the summer of 2006 for the World Mountain Biking Championship and hope to have this event materialized one day in Deaflympics.

We are looking forward to meeting new and old members this year with USDCA. Safe biking this year and until the next newsletter.

Yours in cycling,
Beverly Buchanan
President

USA CYCLING TEAM



The USADSF move to approve the recommendation of the USA Deaf Cycling Board (USDCA) of Paul Wood as head coach to lead the 2005 Deaflympics Cycling team.

Paul Wood as Cycling Head Coach: Wood, with numerous gold, silver and bronze medals (Deaflympics 1989, 1993, 1997 and 2001) and with an international, national and local bicycle racing experience enabled him to be one of the finest deaf racers of the nation. As an active member of US cycling Federation since 1987, USADSF and US Deaf Cycling Association since 1986, he has been involved in racing at all levels for more than 18 years. He was nominated as Athlete of the year in 1994 by American Association of the Deaf (AAAD).

With a strongest ambition to continue his cycling career, he took a coaching course and received a certification of "USA Cycling Certified Coach" in November 2002. A native ASL user and years of cycling experience, USDCA Members have proudly selected him as our new cycling coach for Deaflympics 2005 & 2006 World Cycling Championships in San Francisco.

Paul Wood would like to name the list of USA cycling team. They are as follows:

- McLean, John - Indiana
- Metz, Andrew - California
- Kosa, Trevor - Washington
- Schmitz, Jon - California
- Staubach, Scott - New Hampshire
- Wood, Paul - Indiana

At the time of this press release, they have not been approved by the USADSF. Paul will work out with each selected rider how they would derive the benefit from each event like sprints, individual time trial, road race and points race. Number of cyclists may enter a maximum of five (5) cyclists in each event. The team will fly to Melbourne, Australia right after Christmas and stay there for pre-games training camp. The Deaflympic Games will begin on January 5 to 16, 2004. Accurate and more information will come straight from the US Team Committee as soon as they become available.

ALL-DEAF CYCLING TEAM BORN IN NORTH CAROLINA

Jedediah Gillmore Staff Writer

Northern Californians find cycling appealing. It's the perfect marriage of the Bay Area's gorgeous scenery and Californian fanaticism with exercise. You could just say the formation of a deaf cycling team is inevitable.

"Northern California is basically the cycling Mecca of the United States," said Robin Horwitz, vice president of U.S. Deaf Cycling Association, an organization that oversees deaf cycling activities. "There are countless cycling clubs in Bay Area and whenever you go cycling on any given day, there's a high chance you will encounter other riders."

The new deaf cycling team will participate in 2006 Deaf Cycling World Championships in the Bay Area, recently approved by the International Committee of Sports for the Deaf (CISS). Horwitz is the chair of the event. There will be a wide variety of races such as criteriums (mass race covering numerous laps), road races (mass race covering one large loop), and Mountain events.

Though the team has done a number of Northern California's famous Early Bird Criteriums and

plans to participate in a Cat's Hill Criterium in May, as well as other spring criteriums, it remains in its infancy. "We're looking at 2004 as a year of growth for our team. We're aiming 2005 to be the year when we will secure sponsorship," said Horwitz.

At present, the team continues to practice in the foothills of Sierra Nevadas and in the Bay Area. Two riders are competing in the early bird criteriums, and a few more are expected to start racing later in the spring. There will be group rides. There will be climbing on Northern California's toughest climbs. There will be drafting and pacelining, as the team prepares for the 2006 World Championships.

"We'll also have leisure group rides that encourage us to enjoy the other aspect of cycling--that is to enjoy the beautiful scenery Northern California has to offer," said Horwitz.

Among the riders, Matt Idler has established himself as one of the team's most capable leaders. As part of Fremont Freewheelers, he provides knowledge and experience to the deaf cycling team. Andrew Metz, recognized by Horwitz as "an extremely powerful rider," is one of potential leaders on the team. Another featured rider is Rory Osbrink who lives in San Diego and will participate in Northern California races as often as possible.

"With no previous experience as a team, we have a huge challenge ahead of us," said Horwitz. "However, with tons of passion, we're going at it knowing that we'll have a lot of fun this year."

MOUNTAIN BIKE

Mountain bike competitions are not going to happen at the Melbourne Games, but Bobby Skedsmo, CISS Technical Director, and the 2006 World Cycling Championships organizing committee are working together to accomplish the feat since mountain bike is a discipline within the sport of cycling, it may not necessary to apply as a new sport. Therefore mountain bike will take place at the world championships in San Francisco.

USDCA is seeking for a coaching position for mountain bike at the world championships. Soon we will advertise the opening position.

There is a speculation that we will have mountain bike tryouts in Arizona this summer. As soon as information becomes available, we will announce.



World Cycling Championships Organizing Committee Chair's Message

Hi Everybody!

The 2006 cycling championships is coming closer and closer. We're really excited about the event! Right now we're trying to pinpoint a date for our cycling championships to be hosted. Once when that has been accomplished, we will get moving with sponsors and planning.

I've given a progress report for your review and it is still up for modifications but it should provide us with a glimpse of what it may be. Also I've given our organization chart. Many thanks to all the people who volunteered to help us out.

If you have any questions, feel free to send me an email at nrh@nathanielhorwitz.com.

Thanks and happy cycling!
Nathaniel Horwitz
USDCA Vice President

USDCA / California Deaf Wheelers

**Local Organizing Committee
Progress Report**

December 15, 2003

Every responsible person for the committee has been identified. So the LOC is laying the foundation for successful 2006 world cycling championships in the San Francisco Bay area. The following committee make up will be:

Chair: Robin Horwitz

Transportation: Mike Farnady

Social: Andrew Metz

Accommodations: Leslie Firl

Promotion:

Awards/Podium: Maureen Klusza/Bob Morrison

Venues: Alex Ash

Public Relations: Joel Barish

The LOC will address to the members and public about the logo design. It will be needed for poster, letterhead, diploma and etc. As of said Maureen Klusza would like to design a logo.

Road Bike Competition:

Several circuits have been identified but they have not been confirmed. It is still too soon to be confirmed. We discussed with several people at the Hellyer Velodrome for the possible site of 1000-meter sprints and 50-kilometer points race. They are concerned about the number of riders for 50-kilometer points race. We will probably have to run two heat events before the final so we would end up with about 20-25 riders in the points race final. The course for 35-kilometer time trial competition and 100-kilometer road race is going to be a pain to find because of lengthy distance per lap and length of long hill climb. Esparto near Winters, Alhambra Valley Road near Martinez and Lopes Road / Goodyear Road near Benicia could be the site for time trial competition. Either of Dunnigan, Winters, Leesville, Santa Nella, Berkeley Hills or Corral Hollow could be the site for road race event. Maybe there is a site near Petaluma. They all are pretty far around 60-80 miles from the headquarter in Fremont. We should try Berkeley Hills course to see how our local riders fare but the problem is 23-mile loop. Casey Kerrigan is generous and wonderful person to help with the location selection. He is the Northern California Nevada Cycling Association Vice President for road competition. We still work out with him and will eventually lead to the appropriate person who would organize the race competition with help of the CISS Technical Director. TD Skedsmo is quite uneasy because all officials will be very busy during the August month. He will see how we could go around.

web site is a must.

CYCLING CLUB APPLICATION

The following criteria in establishing a bike club is required to meet the minimum.

1. Three members or more to start
2. Club is required to pay \$6 affiliate fee per year
3. Individual Membership is \$5 as required which will go to USDCA.

Note: Fee for club functions is the club's decision. By joining the USDCA, you will receive the following benefits:

1. club will be recognized as an official body across the nation,
2. seal of prestige, reputation and honor,
3. ability to communicate among the local and national members,
4. opportunity to qualify for the national / development team, and
5. placing your club activities in our Breakaway publication.

Find this club membership application at

<http://home.earthlink.net/~skedsmo/cyclubs2.htm>



NOTES from SECRETARY-TREASURER

Bobby Skedsmo

We desperately would like to see that we form more **cycling clubs**.

The California Deaf Wheelers is only deaf cycling club that is affiliated with USDCA. If interested, please read *Cycling Club Application* somewhere in this newsletter

As of March 1, 2004, the **USDCA treasury** has a balance of \$3168.94 which does include mountain bike and road bike fund. Please note the annual report in the back of this newsletter.



Ron Wood for men and Beverly Buchanan for women won the most miles munched in a year with 4472 miles and 92 miles respectively. The contest began on April 1 and ended on October

Mountain Bike Competition:

The course for the mountain bike events will probably be a venue at the Grant Ranch Park near Mt. Hamilton. It is owned by the Santa Clara County Park Dept who also owns Hellyer Velodrome so we might be able to get two sets of races in with only having to work with one governmental agency.

Competition Events:

- 1000-meter sprints
- 35-kilometer individual time trial
- 100-kilometer road race
- 50-kilometer points race

- Short track mountain bike race for men
- Long track mountain bike race for men
- Short track mountain bike race for women
- Long track mountain bike race for women

FUNDRAISING EVENT



Skedsmo is planning to have two or three fundraising events this year. USDCA is responsible for the US cycling team clothing outfit.

We had difficult time to raise money for the team last time. It would be wise to do it now than later. For example, what if were to raise \$1000 from one night event for the US road bike team, 10% of the profit net would go to the USDCA Administration and 10% would go to the mountain bike fund. There are two funds for mountain bike team and for road bike team.

CYCLING CLUB ACTIVITY



California Deaf Wheelers had its 7th annual family-style lasagna and spaghetti dinner and meeting at a member's apartment complex in March/April. It will be the time to collect annual dues, make plans for rides over the year, make motions and finally eat delicious homemade foods.

California Deaf Wheelers proudly proclaims that they have a new web site.

<http://www.nathanielhorwitz.com/cdw/> Visiting its

31. The tally of your mileage will start again this April 4. This makes your workouts more interesting and productive, and helps track your progress over time. We give free membership to those who won the **Mileage PacMan** contest last year; therefore, Ron Wood of California and Beverly Buchanan of Washington, D.C. are granted each a free membership for the year 2004.

USA Deaf Sports Federation hosts a special session of House of Delegates in Orem, Utah to address the USADSF Budget Committee's proposal to increase the individual membership dues from the current rate of \$10 to \$25. President Bobbie Beth Scoggins says "This is an important and contentious issue because the Federation has been operating under very tight financial constraints since 2002 when the USOC discontinued annual member service grants." She continued, "Unless we find additional reliable sources of revenues elsewhere, the current level of **membership dues** is inadequate in supporting and expanding the Federation's services to its membership."

USDCA ANNUAL MEMBERSHIP RENEWAL



Thank you for your extraordinary support of our cycling mission and interest for future generations. You're a valued member of the US Deaf Cycling Association. That's why I want you to have your membership be renewed. I

also want to remind you that with our fiscal year beginning January 1, it's time to renew your membership in USDCA. Please take a moment to check out the web-based membership application at

<http://home.earthlink.net/~skedsmo/applic-2.htm>

For over one fourth a century, USDCA has steadily grown and improved in every respect to serve the members.... we simply cannot succeed without your renewed support. Thank you for renewing promptly!

CISS IN THE NEWS



**CISS President
John Lovett
(1943-2003)**

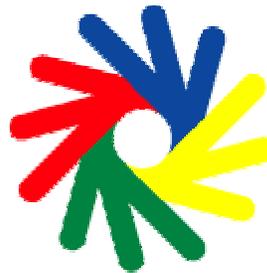
As some of you might not know, Mr. John M. Lovett, CISS President, passed away on Thursday, 30

October from multiple myeloma at a hospital in Melbourne.

Since the position of Vice President is also vacant since October 2002, Dr. Donald Ammons was recently named as Interim President by the Executive Committee until the next election during the Congress in Melbourne which will take place in early January 2005.

Filling Mr. Lovett's shoes is never easy, but Ammons is more than ever determined to carry on his passion and vision for this prestigious organization and Deaflympic Games. To fulfill a long list of goals that the Management Team created under Lovett's leadership, she will now ask all members on Executive Committee and Technical Directors to assume more responsibilities during this difficult and challenging time.

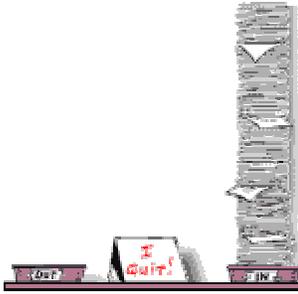
Find information about the games at these addresses:



DEAFLYMPICS
<http://www.deaflympics.com>



<http://www.deaflympics.com/mel2005/default.asp>



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